

CURRICULUM VITAE

Fida F Asali

M.B, B.S, MSc, FRCOG, DFSRH

Associate Professor in Obstetrics and Gynaecology

Consultant in Obstetrics and Gynaecology

Faculty of Medicine

The Hashemite University

Personal Details

Name: Fida Fuad Al-Asali

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Jubaiha
Amman

Languages: Arabic, English

Nationality: Jordanian

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RCOG Membership Number: 131599

GMC Registration Number: 6031933

DFSRH Number: D024513

Education and Qualifications

- **Certificate of General Secondary Education**
Ministry of Education
Amman – Jordan
June,1988.
- **M.B, B.S**
The University of Jordan
Amman– Jordan
June,1994.
- **Certificate of Higher Specialisation in Obstetrics and Gynaecology (MSc)**
Faculty of Graduate Studies.The University of Jordan
Amman – Jordan
June,1999
- **Jordanian Board in Obstetrics and Gynaecology**
Jordanian Medical Council,
Amman – Jordan.
September,1999.
- **Membership of the Royal College of Obstetricians and Gynaecologists, FRCOG**
Royal College of Obstetricians and Gynaecologists
London
September,2018
MRCOG 2005
- **Diploma of the Faculty of Sexual and Reproductive Health, DFSRH**
Royal College of Obstetricians and Gynaecologists
London
June,2009

Current appointment

Associate Professor, Consultant Obstetrician and Gynaecologist
Department of Obstetrics and Gynaecology
Faculty of Medicine, The Hashemite University, 2011 up to date

Previous clinical experience

- **Rotating internship:** Jordan University Hospital. July 1993- June 1995
- **Residency training in Obstetrics and Gynaecology**
Jordan University Hospital, Amman, Jordan. July 1994 – July 1998
- **Specialist in Obstetrics and Gynaecology: July 1999 – February 2000**
The Medical polyclinics, Amman, Jordan
- **Specialist in Obstetrics and Gynaecology: April 2000 – April 2002**
Kingdom Hospital, Riyadh, Saudi Arabia
- **Specialist in obstetrics and Gynaecology: March 2002- July 2004**
The Medical polyclinics, Amman, Jordan
- **Clinical attachment in Obstetrics and Gynaecology: 1/05/2005 - 01/08/2005**
Royal United Hospital, Bath - UK
- **Clinical attachment in Obstetrics and Gynaecology: 01/02/2006-15/07/2006**
Wexham Park Hospital, Slough- UK
- **Locum registrar in Obstetrics and Gynaecology: 02/08/2006-31/07/2007**
Wexham Park Hospital, Slough- UK
- **Senior clinical fellow in Obstetrics and gynaecology: 01/08/2007-01/08/2008**
Wexham Park Hospital, Slough- UK
- **Speciality doctor in Obstetrics and Gynaecology: 02/08/2008- 30/6/2011**
Wexham Park Hospital, Slough

Profesional Experience:

Obstetrics

I have experience in running busy antenatal clinics including high risk pregnancies. Moreover, I am proficient in the multidisciplinary management of a wide variety of obstetric emergencies both Intrapartum and post-partum.

Gynaecology

I am competent in the outpatient and inpatient management of a wide variety of benign gynaecological conditions in addition to major and minor surgeries.

Teaching

I was the head of department for 4 years (2017-2021). I am involved in teaching medical students during their rotations in year 5 and year 6.

Research

Publications:

1. Early initiation of breastfeeding: Antenatal, peripartum, and neonatal correlates
Journal of Clinical Neonatology, 2022 | Journal article
DOI: 10.4103/jcn.jcn_25_21, Part of ISSN: 2249-4847
2. The impact of the coronavirus pandemic curfew on the psychosocial lives of pregnant women in Jordan
Midwifery. 2022-06 | Journal article, DOI: 10.1016/j.midw.2022.103317
Part of ISSN: 0266-6138
3. Applied anatomy knowledge in gynaecology and obstetrics: the trainees' perception
Gynecological Surgery, 2021-12 | Journal article, DOI: 10.1186/s10397-021-01092-9, Part of ISSN: 1613-2076, Part of ISSN: 1613-2084
4. The Effect of Endometrial Polyp Resection by Office Hysteroscopy during In Vitro Fertilization/Intracytoplasmic Sperm Injection Treatment Cycle on Pregnancy Rate A Series of 25 Cases
Journal of Human Reproductive Sciences, 2021-12-31 | Journal article
DOI: 10.4103/jhrs.jhrs_14_21, Part of ISSN: 0974-1208
5. Determining trainees' knowledge of surgical anatomy: A specialist's perspective
Journal of Taibah University Medical Sciences, 2021-06 | Journal article
DOI: 10.1016/j.jtumed.2021.04.008, Part of ISSN: 1658-3612
6. Virtual Desktop Infrastructure in Higher Education Institution: An Application of Home and Mobile Computing Environment
Azerbaijan Journal of High Performance Computing, 2021-06-30 | Journal article, DOI: 10.32010/26166127.2021.4.1.29.38, Part of ISSN: 2616-6127, Part of ISSN: 2617-4383
7. Exploring of Dietary Patterns, and Possible Association with Educational Level, among Jordanian Pregnant Women
Current Research in Nutrition and Food Science Journal
2021-04-30 | Journal article, DOI: 10.12944/CRNFSJ.9.1.04
8. Fida Asali, Ismaiel Abu Mahfouz, Eman Al-Kamil, Batool Alsayaideh, Rand Abbadi & Zahra Zurgan (2022): Impact of coronavirus 19 pandemic on contraception in Jordan, Journal of Obstetrics and Gynaecology, DOI: 10.1080/01443615.2022.2040969

9. Ashraf I. Khasawneh, Fida F. Asali, Rami M. Kilani, Jumana A. Abu-Raideh, Nisreen M. Himsawi¹, Muna A. Salameh, Ghadeer H. Al Ghabbiash, Tareq Saleh. Prevalence and Genotype Distribution of Human Papillomavirus Among a Subpopulation of Jordanian Women. *International Journal of Women's Health and Reproduction Sciences*. Vol. 9, No. 1, January 2021, x–x. doi 10.15296/ijwhr.2021.xx
10. Tayyem, R., Allehdan, S. S., Al-Awwad, N. J., Alatrash, R. M., Mahfouz, I. A., & Alasali, F. (2020). Food Group Intake of Pregnant Jordanian Women Based on the Three Pregnancy Trimesters. *Preventive nutrition and food science*, 25(4), 346–352. <https://doi.org/10.3746/pnf.2020.25.4.346>
11. Mahfouz IA, Shabab IA, Saleem HA, Mahfouz SA, Shehab Q, Asali F. Unplanned Reoperation Following Gynaecological Surgeries: A report from Jordan. *Sultan Qaboos Univ Med J*. 2020 Nov;20(4):e368-e373. doi: 10.18295/squmj.2020.20.04.014. Epub 2020 Dec 21. PMID: 33414943; PMCID: PMC7757914.
12. Fida F. Asali, Reema F. Tayyem, Sabika S. Allehdan, Ismaiel Abu Mahfouz, Hiba A. Bawadi. Use of dietary supplements among pregnant women in the center of Jordan. *NFS Journal* 20 (2020) 43–47
13. Firas Al-Rshoud, Rami Kilani, Fida Al-Asali, Ibrahim Alsharaydeh, Ismaiel Abu Mahfouz. The Prevalence of uterine septum in polycystic ovarian syndrome (PCOS), a series of 49 cases
14. Abu Mahfouz, I., Asali, F., Abdel-Razeq, R. et al. Bladder sensations in women with nocturia due to overactive bladder syndrome. *Int Urogynecol J* 31, 1041–1048 (2020). <https://doi.org/10.1007/s00192-020-04257-w>
15. Tayyem, R. F., Allehdan, S. S., Alatrash, R. M., Asali, F. F., & Bawadi, H. A. (2019). Adequacy of Nutrients Intake among Jordanian Pregnant Women in Comparison to Dietary Reference Intakes. *International journal of environmental research and public health*, 16(18), 3440. <https://doi.org/10.3390/ijerph16183440>
16. Allehdan SS, Basha AS, Asali FF, Tayyem RF. Dietary and exercise interventions and glycemic control and maternal and newborn outcomes in women diagnosed with gestational diabetes: Systematic review. *Diabetes Metab Syndr*. 2019 Jul-Aug;13(4):2775-2784. doi: 10.1016/j.dsx.2019.07.040. Epub 2019 Jul 25. PMID: 31405707.
17. Asali F, Abdel-Razeq R, Al-Thunaibat A, Okour A, Abu Mahfouz S, Abu Mahfouz I. Jordanian women's attitudes towards cervical cancer screening: has the

pattern changed? J Obstet Gynaecol. 2020 May;40(4):564-568. doi: 10.1080/01443615.2019.1635097. Epub 2019 Sep 3. PMID: 31478428.

18. Sabika Allehdan, Fida Thekraallah, Lana Agraib, Fida Asali. Relative Validity and Reproducibility of a Food Frequency Questionnaire to Assess Food Group Intake in Pregnant Jordanian Women
Journal of the Academy of Nutrition and Dietetics
2019 Apr 25; Epub 2019 Apr 25.
<https://doi.org/10.1016/j.jand.2019.02.009>
19. Reema Tayyem, Sabika Allehdan, Lana Mustafa, Fida Thekraallah, and Fida Al-Asali. Validity and Reproducibility of a Food Frequency Questionnaire for Estimating Macro- and Micronutrient Intakes Among Pregnant Women in Jordan. <https://doi.org/10.1080/07315724.2019.1570878>
2019 Apr 5; :1-10. Epub 2019 Apr 5.
Journal of the American college of Nutrition
20. Fida Al-Asali, Rami Kilani, Firas Rshoud, Ismaiel A. Mahfouz. A Rare Case of Rectovaginal Fistula Due to Consensual Sexual Intercourse. Sultan Qaboos University Med J, February 2018, Vol. 18, Iss. 1, pp. e107–109, Epub. 4 Apr 18. doi: 10.18295/squmj.2018.18.01.019
21. Fida Al-Asali, Alexander Goodman, Ismaiel Abu Mahfouz, Christian Phillips. A Prospective evaluation of the Ajust single incision sling in the surgical management of stress urinary incontinence: Two years follow up. *UroToday Int J.* 2013 June; 6(3): art 36. <http://dx.doi.org/10.3834/uij.1944-5784.2013.06.10>.
22. Fida Asali, Ismaiel Mahfouz, Christian Phillips. The management of urogynaecological problems in pregnancy and the early postpartum. *The Obstetrician and Gynaecologist.* Volume 14. Issue 3. Pages

153-158. July 2012

23. Rami Kilani, Wesam Alyeadeh, Fida Asali, Firas Al-Rshoud, Maysa Khadra. Inter-observer variability in the assessment of ultrasound features of polycystic ovaries. Middle East Fertility Society Journal, Volume 22, Issue 3, September 2017, Pages 226-232. <https://doi.org/10.1016/j.mefs.2017.03.005>
24. Mahfouz I, Asali F, Wiltshire R, Sayer TR, Phillips CH. Unplanned return to the operating theatre in gynaecology. Five-year experience. Eur J Obstet Gynecol. 2011 Aug;157(2):222-225
25. Mahfouz I, Asali F, Johnson N, More V, Sayer T, Phillips C. Pain scores during removal of surgical drains after obstetrics and gynaecological surgery. J Obstet Gynaecol. 2011 May; 31(4):335-7

Membership of Professional Organisations

- Royal College of Obstetricians and Gynaecologist (RCOG)
- Membership of Faculty of family Planning and Sexual health (DFSRH)
- Jordanian Medical Association-Jordan
- Jordanian Society of Obstetricians and Gynaecologists-Jordan
- Jordanian British Society for Obstetrics and gynaecology & RCOG Representative Committee in Jordan, Palestine, and Syria

Extracurricular activities

Reading, travelling